



sunflower**revolution VIII**

parkinson's disease symposium & expo

*an educational event for parkinson's
patients, caregivers and family members*

*Saturday, September 10, 2011
The Oasis, Loveland, OH*

The UC Neuroscience Institute is pleased to offer a half-day symposium on Parkinson's disease (PD). Join our experts for a candid discussion of the challenges of managing PD, new opportunities and alternative treatments for patients with PD, research breakthroughs, and health and wellness information.



photo by Gary Kunze at CreationSourceImages.com

UC Neuroscience Institute

**GARDNER CENTER FOR
PARKINSON'S DISEASE**

UC Health

program

8:30-10:00am **Registration & Continental Breakfast**

■ **Optional Pre-sessions**

9:00-9:45am **Exercise and Parkinson's Disease: Patient Perspectives**
Brian Terpstra, PhD

9:00-9:45am **Hospitalization and the PD Patient**
Maureen Gartner, RN, MEd

■ **Move to Live**

10:00-10:05am **Welcome**
Fredy J. Revilla, MD & Kim Seroogy, PhD

10:05-10:25am **The Parkinsonisms: Parkinson's Disease & Parkinson's-Plus Syndromes**
Andrew Duker, MD

10:25-10:40am **Current Surgical Management of PD**
George Mandybur, MD

10:40-10:45am **Exercise Demonstration, Sarah Stahr, MS**

10:45-11:05am **Lifestyle Intervention to Reduce Neurocognitive Decline**
Robert Krikorian, PhD

11:05-11:20am **Staying Healthy & Local Resources**
Maureen Gartner, RN, MEd

11:20-11:25am **Exercise Demonstration, Sarah Stahr, MS**

11:25 – 12:00pm **The Power of Posi-spective: Becoming a Proud Person with Parkinson's**
John Baumann, BBA, JD

12:00 – 12:50pm **Lunch - Davis Phinney via Skype**

■ **Live to Move**

12:50-1:30pm **Why Dance for PD: Building Confidence, Creativity & Community through Movement & Music**
David Leventhal

1:30-1:50pm **Local and National Research Highlights**
Sheila Fleming, PhD & Andrew Duker, MD

1:50-2:10pm **The Current State of Parkinson's Disease and Exercise Research**
Brian Terpstra, PhD

2:10-2:25pm **Powering Forward**
Brian Grant

2:25-3:00pm **Panel: Q&A with Those Treating, Studying and Living with Parkinson's**
Moderator: Fredy J. Revilla, MD; Panelists: Alberto Espay, MD, Maureen Gartner, RN, MEd, Brian Grant, George Mandybur, MD, Alok Sahay, MD, Kim Seroogy, PhD, Brian Terpstra, PhD, Janis and Don Yelton

registration

Deadline: September 6, 2011

To register or for more information:

By Mail: Gardner Center
UC Neuroscience Institute
PO Box 670570
Cincinnati, OH 45267-0570

By Phone: 866-941-UCNI (8264)

Or Online: www.SunflowerRev.org

Please Print

Name _____

Guest name _____

Address _____

City _____

State _____

Zip _____

Phone (Daytime) _____

Email _____

Check if you will attend
optional pre-sessions:

Exercise & Parkinson's Disease

Hospitalization and the PD Patient

faculty

■ **program directors:** Fredy J. Revilla, MD & Kim Seroogy, PhD

John M. Baumann BBA, JD

Faculty, University of Louisville; Owner, JK Success Enterprises LLC; Of Counsel, Ferreri & Fogle; Author, *Decide Success: You Ain't Dead Yet*

Andrew Duker, MD

Assistant Professor of Neurology, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Alberto J. Espay, MD, MSc

Associate Professor of Neurology, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Sheila Fleming, PhD

Assistant Professor of Psychology and Neurology, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Maureen Gartner, RN, MEd

Nurse Coordinator; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute; Information and Referral Nurse, Tri-State Parkinson's Wellness Chapter, APDA

Brian Grant

Founder, *Shake It Till We Make It!*/Brian Grant Foundation; Former NBA Basketball Star

Robert Krikorian, PhD

Associate Professor of Psychiatry and Behavioral Neuroscience, Cognitive Aging Program, University of Cincinnati

David Leventhal

Program Manager and Founding Teacher, *Dance for PD®*, Mark Morris Dance Group, Brooklyn, NY

George T. Mandybur, MD, FACS

Associate Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Davis Phinney

Founder, Davis Phinney Foundation; Former Tour de France Cyclist

Fredy J. Revilla, MD

Director, James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute; Associate Professor of Neurology, University of Cincinnati

Kim Seroogy, PhD

Professor of Neurology and Director, Neuroscience Graduate Program, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute; Director, Selma Schottenstein Harris Laboratory for Research in Parkinson's

Sarah Krumme Stahr, MS

Exercise Physiologist, foreverfitness, Cincinnati, OH

Alok Sahay, MD

Associate Professor of Neurology, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson's Disease and Movement Disorders, UC Neuroscience Institute

Brian Terpstra, PhD

Director of the University of Cincinnati YMCA Parkinson's Disease Exercise Initiative; Department of Neurology, University of Cincinnati

Dance for PD®

Sponsored by the Tri-State Parkinson's Wellness Chapter

A special "Dance for PD®" master class, conducted by David Leventhal, will be held on Friday, September 9, 2011, 3:00pm at the de la Arts Place, 5041 Oaklawn Drive, Oakley. There is no fee to attend, but you must register by calling the Tri-State Parkinson's Wellness Chapter at **513-558-0113** or **877-489-1110**.

You can also register at www.parkinsonswellness.org.

The class is open to anyone but is intended for people with Parkinson's, their families, caregivers and friends. Dance instructors and health professionals are also welcome. The Dance for PD® teaching approach is built on a fundamental premise: professionally-trained dancers are movement experts whose knowledge is useful to persons with PD. The method has been presented at the International Congress for Parkinson's Disease and Related Disorders in Berlin (2005), the World Parkinson Congress in Washington, D.C. (2006) and at Neuroscience 2008 in Washington D.C.

This class, which runs about 75 minutes, is intended to give participants a good feel for what the Dance for PD® program is like. For more information about Dance for PD®, visit www.danceforpd.org.

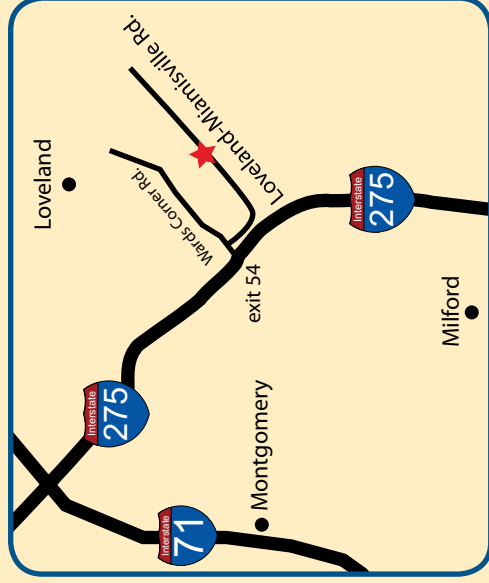
directions

The Oasis

902 Loveland-Miamiville Road
Loveland, OH 45140
513-583-8383
www.oasisconferencecenter.com

From I-75 North or South or from I-71 North or South

Take I-275 East to Wards Corner Road, Exit #54. Turn left onto Wards Corner. (Get into the right hand lane. You will see Aquarian Pools & Spas on your right.). Immediately turn right on Loveland-Miamiville Road. Go through the 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard left turn at Epiphany Church). The entrance to the Oasis is the second drive on the left.



From Kentucky, I-75 North and I-275 East

Take I-275 East across the Ohio River to Wards Corner Road, Exit # 54. Turn right on Wards Corner Road and get into the right hand lane. (You will see Aquarian Pools & Spas.) Immediately turn right on Loveland-Miamiville Road. Go through 4-way traffic light. At the following 4-way stop sign, turn left. (Loveland-Miamiville takes a hard left turn at Epiphany Church). The entrance to the Oasis is the second drive on the left.

Parking is free.

Area Hotel Hilton Garden Inn

Cincinnati Northeast • 6288 Tri Ridge Blvd • Loveland, Ohio 45140
(513) 576-6999
\$94/night when you mention "The Oasis"

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